

RESUME FOR

JANNET LUBOWA

Email: lubowajannet1@gmail.com

Address: 451 Brettonwood Ridge, Ottawa, Ontario

SUMMARY

Dedicated and experienced professional with a strong background in construction duties, interior design support, and general labor on construction sites. Extensive experience in maintaining site cleanliness, assisting skilled trades, and ensuring adherence to safety protocols. Possesses certifications in WHMIS, CPR/AED, and food safety. Proven ability to perform physically demanding tasks while maintaining high standards of work quality. Seeking a position in construction where light duties, organization, and teamwork are essential.

EDUCATION

Diploma in Project Planning and Management

Makerere University, Kampala, Uganda

2004 - 2006

UEC Certificate

Kajjansi Progressive School, Uganda

2002 - 2003

CERTIFICATIONS

- WHMIS (GHS) Training: Oct 10, 2024 - Oct 10, 2027

- CPR/AED Certification: Oct 14, 2024 - Oct 14, 2026
- Food Safety Certification: Mar 30, 2024 - Mar 30, 2029
- Teamwork Fundamentals: Nov 11, 2023 - Nov 11, 2026

WORK EXPERIENCE

General Laborer / Construction Assistant

Bwebo-Interior Designs Building Contractors

Kampala, Uganda

2006 - 2008

- Assisted in construction duties such as cleaning work areas, organizing materials, and maintaining equipment.
- Supported skilled tradespeople by transporting tools, equipment, and materials around the construction site.
- Helped prepare surfaces for painting and plastering by sanding, cleaning, and ensuring proper surface preparation.
- Maintained site safety by ensuring all debris was properly cleared and disposed of, reducing hazards.
- Assisted with measuring and cutting materials for interior design projects, ensuring accuracy and efficient use of materials.

- Provided support during installations of interior elements, such as drywall, flooring, and cabinetry.
- Followed all safety protocols and adhered to company procedures, ensuring a safe and productive work environment.

Gained experience in working with a diverse team, coordinating tasks to meet project deadlines.

Warehouse Associate

Ship With Us Cargo, Kampala, Uganda

2008 - 2011

- Managed inventory, organized stock, and ensured timely packing and dispatch of shipments.
- Organized stock for efficient warehouse operations and order fulfillment.
- Assisted in the maintenance of warehouse equipment, adhering to safety protocols
- **Handled inventory management, packing, and labeling of goods.**
- **Laundry/Housekeeper**

Hotel Protea, Nakasero, Kampala, Uganda

2012 - 2015

- Handled daily laundry services and housekeeping, ensuring cleanliness and guest satisfaction.
- Operated industrial laundry machines to wash, dry, and fold linens and towels.

CEO & Business Owner

Janpa Kids Accessories, Kampala, Uganda

2016 - 2023

- Directed all business operations, managed sales, marketing, and provided excellent customer service.
- Developed and implemented business strategies to drive revenue growth and customer retention.

Laundry Attendant

Days Inn, Ottawa, Ontario

Mar 2024 - May 2024

- Operated industrial laundry machines to wash, dry, and fold linens and towels.
- Ensured proper handling of different fabric types, following safety and care instructions

SKILLS

- **Construction Site Operations:** Supporting tradespeople, site maintenance, material preparation, surface preparation for painting/plastering.
- **Safety and Compliance:** Adherence to WHMIS guidelines, proper disposal of site materials, maintaining clean and safe work areas.
- **Physical Abilities:** Handling light construction duties, lifting materials up to 50lbs, working in different weather conditions, standing for extended periods.

- **Team Collaboration:** Working efficiently in a team environment, ensuring coordination with other site workers to meet deadlines.

KEY STRENGTHS

- Strong attention to detail and ability to maintain cleanliness and safety standards on construction sites.
- Physically capable of handling light duties, lifting, and performing labor-intensive tasks.
- Excellent time management and problem-solving skills with the ability to work independently or as part of a team.
- Proven adaptability to various work environments, from construction to warehouse operations and hospitality.
- Commitment to safety protocols, ensuring a hazard-free workplace while supporting overall project goals.