



# KARL AMBROISE

819-328-0165  
karl\_199915@outlook.com

## PROFESSIONAL SUMMARY

Detail-oriented construction professional with Ottawa Construction Association (OCA) certifications in Introduction to Estimating and Project Management. Strong foundation in cost estimating, quantity takeoffs, budgeting, scheduling support, and project coordination, supported by hands-on experience in operations, resource tracking, and team collaboration. Proficient in Excel, AutoCAD, and construction documentation, with the ability to support projects from pre-construction through execution. Bilingual in English and French with strong communication and organizational skills.

## SKILLS

- Event Coordination
- Team Support
- Stress Management
- Comprehensive knowledge of Microsoft Office applications
- Change Order Tracking
- Bid Support & Tender Documentation
- Construction Drawings & Technical Documents
- Customer Service
- Multitasking
- Excellent oral and written proficiently communication skills in English/French
- AutoCAD & Sketchup
- Quantity Takeoffs (materials & labor)
- Unit Pricing & Cost Analysis
- Scheduling Task
- Operations Support
- Bilingual
- Public Speaking
- Twin motion
- Cost Estimating & Budget Development
- Site & Office Coordination

## EXPERIENCE

Retail Sales Associate

July 2024 - February 2026

Mountain Equipment Company | Ottawa, ON

- Offered alternative recommendations when desired products were out of stock or unavailable.
- Recommended merchandise to suit customer budget and preferences.
- Located requested items from racks or storage areas.
- Provided feedback to management on customer needs and interests.
- Assisted customers with product questions, selections, and purchases.
- Collaborated with team members to meet daily sales targets.
- Offered personalized recommendations based on customer preferences.
- Answered customer inquiries via phone and in person.
- Removed dust and dirt from items, regularly cleaning store.

Landscape Student

June 2022 - December 2023

Ottawa Community Housing | Ottawa, Canada

- Enhanced customer satisfaction by providing high-quality landscaping services and maintaining clear communication throughout the project
- Designed and installed custom landscape features to meet clients' aesthetic preferences and functional needs
- Managed inventory of tools, equipment, and materials to ensure proper allocation of resources for each project
- Trained new team members on best practices in landscaping techniques ensuring consistent quality across all projects
- Performed planting, watering, mulching, and edging of lawns
- Removed weeds, hazards, and debris from common pathways to improve usability
- Removed tree stumps, roots, and debris for cohesive landscape appearance
- Cut trees and shrubs to shape and maintain a clean environment
- Inspected gardens for pests, weeds, and diseases

Grocery Associate

December 2019 - June 2022

Food Basics | Ottawa, Canada

- Improved customer satisfaction by providing efficient and friendly service at the checkout counter
- Ensured a well-stocked store by consistently replenishing shelves with fresh merchandise
- Maintained cleanliness and organization of aisles, promoting a pleasant shopping experience for customers
- Contributed to store safety by quickly addressing spills or hazards, minimizing the risk of accidents
- Prioritized helping customers over completing other routine tasks in the store
- Opened, shelved and merchandised new products in visually appealing and organized displays for optimal sales promotions

Line Cook

November 2017 - August 2018

Broadway Bar & Grill Innes Road | Ottawa, Canada

- Enhanced customer satisfaction by consistently delivering high-quality dishes promptly
- Collaborated with team members to maintain a clean and safe working environment, adhering to health and safety guidelines
- Mastered various cooking techniques, broadening menu offerings and introducing innovative dishes
- Uphold strict sanitation standards while preparing meals, maintaining a clean workspace free of cross-contamination risks
- Supported head chef during high-volume periods by efficiently executing complex tasks with precision under pressure
- Demonstrated proficiency in using various kitchen equipment safely for efficient food preparation
- Boosted employee morale through positive attitude, and willingness to assist others when needed

## CERTIFICATIONS

- **Construction Introduction to Estimating** — *Ottawa Construction Association (OCA)*
- **Construction Project Management Certification** — *Ottawa Construction Association (OCA)*
- **Working at Heights - Essential Safety Services**
- **WHIMIS 2026**

## EDUCATION

Architectural Technician Algonquin College, Ottawa, ON	08/2026
Associate of Applied Science - Certificate in Pré-Sciences(Sociales) La Cité Collégiale, Ottawa, ON	06/2020

## LANGUAGE

**English**  
Proficient (C2)

**French**  
Proficient (C2)