

Wiseman-Frantz Hilaire

General Construction and Renovation Worker

Stittsville, Ontario

(343) 997-7725

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SUMMARY OF QUALIFICATIONS

- Hands-on residential renovation experience through the Pre-Apprenticeship Home Renovation Program in Ottawa, assisting with drywall, framing, sheathing, painting, subfloor installation, installation of windows, doors, trim, and siding.
- 4 years of experience in warehouse operations, construction material handling, and forklift operation
- Strong background in loading/unloading, order preparation, and parcel sorting
- Skilled in inventory management, software scanning systems, Microsoft Office, and Excel.
- Proven team leader and supervisor with experience in training staff and enforcing safety procedures
- Safety-focused, physically capable, reliable, and able to work in fast-paced environments
- Valid class G driver's license with reliable personal transportation.

WORK EXPERIENCE

Forklift Operator/ Helper

United Building Products (UBP) – Ottawa, ON |

2025-Present

- Load, unload, and prepare construction materials, including drywall, insulation, ceiling systems, and related products
- Safely operate forklifts and pallet jacks in a busy warehouse environment
- Follow safe lifting techniques, PPE requirements, and company safety procedures
- Support efficient order fulfillment for contractors and delivery schedules

Dock Worker / Supervisor

A. Duie Pyle – Northborough, MA |

Jan 2024 – Jul

2025

- Supervised dock operations and coordinated daily workflow
- Ensured safe handling and movement of freight following established procedures
- Supported team members and maintained a safe, organized work environment
- Assisted with training new employees on dock safety and operational standards

EDUCATION

Pre-Apprenticeship Home Renovation Training Program

YMCA of the National Capital Region – Ottawa, ON — April - July 2026

High School Diploma

Centre d'Études Secondaires, Port-au-Prince, Haiti — 2020

CERTIFICATIONS

- First Aid & CPR-C
- Working at Heights
- Worker Health and Safety Awareness in 4 Steps
- Workplace Hazardous Materials Information System (WHMIS)
- Accessibility for Ontarians with Disabilities Act (AODA)